

## 2021 COVID-19 PROTOCOLS AND BEST PRACTICES

The following document outlines the protocols, guidelines, and best practices that will be in place during the Mid States Horse Shows Fall Series – September 15-19, 2021, and September 22-26, 2021. These protocols have been developed based on the guidelines set forth by the World Health Organization (WHO), the Centers for Disease Control (CDC), the United States Equestrian Federation (USEF), and the governments of Iowa and Cerro Gordo County. All persons involved in the shows including, but not limited to, staff, officials, volunteers, vendors, exhibitors, trainers, grooms, parents/guardians, and other support staff must adhere to the protocols set forth in this document. In accordance with GR702.1 and GR914 the competition organizer and/or a USEF Steward/Technical Delegate has the authority to remove from the facility any person who does not comply with the regulations and requirements in effect at the competition. Removal of a person from the competition grounds must, and will be, documented by the USEF Steward/Technical Delegate in their report to the USEF. **Trainers will be considered responsible for the conduct and adherence to the protocols for all individuals associated with their entries.**

Anyone interested in attending these horse shows must:

1. Not exhibit any COVID-19 symptoms including, but not limited to, a fever of 100.4°F (38°C), cough, or shortness of breath, within the last 72 hours.
2. Have not tested positive or has been presumed positive for COVID-19 at any time in the last 10 days.
3. No longer exhibit COVID-19 symptoms even if a positive test was outside of the last 10 days.
4. Have not been exposed or come in close contact, as defined by the CDC, with anyone who has tested positive or has been presumed positive for COVID-19 within either the last 7 or 10 days (dependent upon certain criteria – refer to CDC Quarantine Options)\*.  
\*Exception: Healthcare personnel who have treated patients using appropriate medical-grade PPE during the course of performing professional duties are exempted from this restriction.
5. Have not been recommended by a healthcare professional to self-quarantine or isolate in the last 14 days

**We at Mid States Horse Shows, LLC (MSHS) strongly request that if you are not feeling well in any capacity that you stay home and not attend our events. It is everyone's responsibility to take the necessary steps to ensure the safety of yourself and others.**

### CDC DEFINITION OF EXPOSURE:

Exposure is considered to be close contact with a COVID-19 infected individual (exhibiting symptoms or confirmed by a positive test result) within a distance of six feet for a cumulative total of 15 minutes or more and results in the need to quarantine. An individual may discontinue quarantine:

- After 10 days following close contact without testing if there are no COVID-19 symptoms present, or;
- After 7 days if there are no COVID-19 symptoms present and after receiving a negative COVID-19 test. The testing must occur on Day 5 or later after exposure.

Upon discontinuing quarantine all individuals should:

- Monitor for symptoms for 14 days after exposure.
- Immediately self-isolate if symptoms develop. It is recommended that you contact a personal healthcare provider or public health authority.
- Follow generally accepted precautions such as wearing a face covering, frequently washing hands, and practicing physical distancing.

### Prior to Attending the Mid States Horse Shows Events

Planning:

In order to ensure a safe and quality product, MSHS requests that anyone interested in attending provide as much information to management as possible. This includes:

- Stall Counts.
- Exhibitors in attendance. Names and emergency contacts are preferred.
- Horses in attendance. Names and recording numbers are preferred, but at the very least a count is requested.
- Classes and divisions that an exhibitor is interested in.
- Shavings, Hay, and Feed estimations.

- Paddocks or Golf Cart Rentals.
- Signed USEF Release and Waiver. Available for download on the MSHS website. Digital submission to Patrice at [purbs1@aol.com](mailto:purbs1@aol.com) is preferred.
- Proof of Vaccinations, Negative Coggins, and other Health Documents are requested to be sent digitally to Patrice at [purbs1@aol.com](mailto:purbs1@aol.com) prior to arrival.
- Ensure that Safe Sport and Microchipping information is current.
- Arrival and Departure estimations.

The most efficient way to provide this information is via the Entry Blanks, Stabling Reservation Forms, Waivers, and other applicable documents that will be available on the Mid States website: [www.midstateshorseshows.com](http://www.midstateshorseshows.com), and then submitting said forms directly to Patrice Urban at [purbs1@aol.com](mailto:purbs1@aol.com).

#### Entries:

- Electronic entries are the preferred method for entering these events. The entries may be submitted in the following formats:
  1. Online via the horse show program: [www.horsheshowsonline.com](http://www.horsheshowsonline.com). The show program will be set up so that trainers and individuals may enter the horse show digitally.
  2. Online via Equestrian Connect. Entries may be submitted electronically by visiting our online entry partner [www.equestrianconnect.com](http://www.equestrianconnect.com).
  3. Digitally, by emailing the fillable PDF documents to Patrice Urban at [purbs1@aol.com](mailto:purbs1@aol.com)
    - a. Download the Entry Blanks from [www.midstateshorseshows.com](http://www.midstateshorseshows.com)
    - b. Fill out the fillable PDF form.
    - c. Save the completed PDF form.
    - d. Email the completed PDF form to Patrice Urban at [purbs1@aol.com](mailto:purbs1@aol.com).
  4. Digitally, by filling out the entry hard copies and then submitting them electronically directly to Patrice Urban at [purbs1@aol.com](mailto:purbs1@aol.com).
    - a. Download the Entry Blanks from [www.midstateshorseshows.com](http://www.midstateshorseshows.com)
    - b. Print the Entry Blanks
    - c. Fill the Entry Blanks out with all applicable information.
    - d. Scan the completed Entry Blanks, OR, take a clear and legible picture of all sides of the Entry Blanks.
    - e. Email the completed scanned or photographed entry blanks directly to Patrice at [purbs1@aol.com](mailto:purbs1@aol.com)
- Complete entries are requested and include all applicable information and class entries. If you cannot submit entries in the above mentioned formats please contact Patrice Urban directly at 402-689-0669 or [purbs1@aol.com](mailto:purbs1@aol.com).

#### Arrivals:

- MSHS and USEF request anyone arriving on the grounds to self-monitor their temperature once daily prior to entering the competition grounds. Anyone with a temperature below 100.4°F (38°C) may enter the grounds. This will be requested upon initial arrival. Please act responsibly and comply.
- Please contact management directly with your estimated arrival time. This will help facilitate an environment where we can limit person to person interaction and traffic during arrival.

### **During the Competition and While on Grounds**

#### General:

- MSHS and USEF request anyone arriving on the grounds to self-monitor their temperature once daily prior to entering the competition grounds. Anyone with a temperature below 100.4°F (38°C) may enter the grounds. This will be requested upon initial arrival. Please act responsibly and comply.
- MSHS and USEF will require a signed USEF Waiver and Release of Liability document that includes providing emergency contact information to management.
- These competitions will be open and accessible to Trainers, Riders, Grooms, Owners, a parent/guardian for minors, and Competition Staff. Spectators are allowed provided they adhere to the guidelines set forth in this document. Trainers are strongly encouraged to limit the number of persons that are in attendance with your group.
- MSHS will attempt to provide reasonable amounts of cleaning and sanitizing products throughout the grounds to help mitigate the spread of disease and to promote a safe and socially responsible environment.

- Everyone on the competition grounds is expected to act in a socially responsible manner. If you are fully vaccinated, you are not required to wear a mask while on grounds. If you are not fully vaccinated MSHS requests that you act responsibly and wear a mask while on grounds.
- Although masks are not currently required, no exhibitor will be eliminated or otherwise penalized for wearing a mask or face covering while competing.
- Physical distancing is still recommended while on the competition grounds.
  - All persons should try to maintain at least 6ft of separation from other persons. Please do not gather in groups.
  - Wash your hands often!
  - Use of hand sanitizer with at least 60% alcohol is strongly recommended.
- MSHS encourages all participants to take responsibility for providing your own personal protective equipment (PPE) and general supplies. This includes, but is not limited to water, food, cleaning products, and other supplies. Barns should develop protocols that limit the communal use of grooming supplies, lead ropes, halters, and tack/equipment. The best practice is to use your own!

#### Horse Show Office:

- MSHS and USEF strongly encourage all exhibitors to complete their entry forms, in their entirety, including having all required memberships in place, prior to entering the competition office.
- MSHS encourages our exhibitors to perform office duties digitally whenever possible. The number of exhibitors allowed access to the horse show office will be limited and social distancing measures will be in place. See below for daily Adds/Scratches.
- MSHS requests that for each barn/trainer one person be designated as the official office liaison for any and all office business that must take place in person. This will help reduce the number of persons that come in contact with the horse show office.
- Adds/Scratches: Adds and Scratches MUST be completed by 5:00pm the night before the next day's competition. It is preferred that adds/scratches are performed online via [www.horseshowsonline.com](http://www.horseshowsonline.com).

#### Stabling:

- Management will make a concerted effort to stable exhibitors in a way that promotes as much social distancing as possible, however, it is expected that each barn/trainer will develop policies that create an environment that promotes social distancing, sanitization/cleaning, and is socially responsible in their own stabling location. Trainers will be considered responsible for the conduct and adherence to the protocols of their clients and staff.
- MSHS encourages trainers and exhibitors to limit the number of persons allowed in the stabling area. Consider designating specific persons that have access to the stabling area (trainers, grooms, or specific exhibitors), and encourage exhibitors to meet their mounts outside the stable or at the schooling ring.

#### Competition Format:

- MSHS will attempt to take the necessary steps to inform exhibitors of the progress of the show, when it is possible to access the schooling areas, and to alleviate ring conflicts.
- Posted orders of go, and a priority ring may be enacted to help expedite the show and limit the number of persons accessing the competition area at one time.
- Please limit the number of persons accompanying an exhibitor to the ring to the rider, trainer, and groom or support staff member. Some flexibility may be afforded here to encourage efficient showing, but all members of the team are expected to adhere to social distancing policies.
- Please allow flexibility during the show to these policies so that adjustments can be made as needed.

### **Emergency Plan**

In the event that there is a medical emergency the following measures will followed:

Sport related injury: All normal protocols will be taken.

- On-site Medical personnel will attend to and assess the injured person.
- If the on-site medical personnel determines that medical transport is needed, then management will call for transport from the nearest medical facility.

- If the on-site medical personnel determines that medical transport is not needed, then management will follow the recommendations of the on-site medical personnel, and all other rules set forth from the USEF.

COVID-19/Illness related incident: If someone on grounds displays signs of illness or symptoms commonly associated with COVID-19 the following procedures will be taken.

- Consult with the on-site medical personnel.
- Determine whether or not immediate isolation is needed. In such a case the person will be moved to a separate indoor room on the grounds and will be tended to accordingly until further plan is determined.
- In consultation with the on-site medical personnel, if transportation to the nearest medical facility is required, then it will be arranged.
- Ultimately, the person in question will be encouraged to check in at the nearest medical facility for evaluation and potential testing.
- In the event of a positive COVID-19 diagnosis, all individuals associated with entries in the horse show will be notified.

MSSH would like to extend a heartfelt THANK YOU to everyone who is interested in our events and has continued to support us in these difficult times. These policies are enacted and designed with the goal of continuing to do what we love doing and the enjoyment of our sport.

Sincerely,

Dan Urban and all at **Mid States Horse Show, LLC**